

**Queenborough Little Athletics**  
**Track and Field Records 2004/2005**  
*As at end of competition 19/3/05*

**GIRLS**

**70 METRES**

U/7B	A Cox	04/05	13.0
U/7A	S McMeniman/N Salter/ G Mawbey	02/03,04/05 04/05	12.7
U/8	S Cox	03/04	11.3
U/9	S Cox	04/05	10.8
U/10	M Lamprecht	02/03	11.1
U/11	M Lamprecht	03/04	10.8
U/12	L Causon	97/98	10.2
U/13	L Causon	98/99	9.3

**100 METRES**

U/7B	A Cox	04/05	18.9
U/7A	G Mawbey	04/05	17.5
U/8	S Cox	03/04	15.8
U/9	S Cox	04/05	15.3
U/10	M Lamprecht	02/03	15.6
U/11	M Lamprecht/G Cox	03/04, 04/05	14.8
U/12	L Causon	97/98	13.6
U/13	L Causon	98/99	13.2
U/14	D Hanson	04/05	15.1

**150 METRES**

U/7B	A Cox	04/05	29.7
U/7A	G Mawbey	04/05	28.0

**200 METRES**

U/7B	A Cox	04/05	41.7
U/7A	N Salter	04/05	37.7
U/8	S Cox	03/04	34.2
U/9	S Cox	04/05	31.6
U/10	J Burns	95/96	32.6
U/11	L Causon	96/97	30.8
U/12	L Causon	97/98	29.4
U/13	L Causon	98/99	28.0
U/14	D Hanson	04/05	32.8

**400 METRES**

U/8	S Cox	03/04	1.15.8
U/9	S Cox	04/05	1.13.2
U/10	G Cox	03/04	1.15.3
U/11	M Allender	04/05	1.11.7
U/12	L Causon	97/98	1.06.7
U/13	K Dutkowski	01/02	1.02.7

**800 METRES**

U/10	H Shepperd	03/04	2.53.6
U/11	N Khoury	03/04	2.43.3
U/12	N Khoury	04/05	2.38.2
U/13	K Dutkowski	01/02	2.33.4

**BOYS**

**70 METRES**

U/7B	N Rumney	04/05	13.2
U/7A	J Rintoul	02/03	12.4
U/8	G Rumney	04/05	12.0
U/9	O Jones	04/05	10.9
U/10	J Stanwix	01/02	10.8
U/11	S Mansfield/J Stanwix	98/99, 02/03	10.6
U/12	S Mansfield	99/00	9.4
U/13	S Mansfield	00/01	9.0

**100 METRES**

U/7B	N Rumney	04/05	19.2
U/7A	W Abbott	99/01	18.3
U/8	G Rumney	04/05	16.2
U/9	O Jones	04/05	14.9
U/10	J Stanwix	01/02	15.0
U/11	N Simpson	01/02	14.6
U/12	S Mansfield	99/00	12.8
U/13	S Mansfield	00/01	12.7
U/14	L Edmunds	04/05	12.7
U/15	T Shepperd	04/05	12.3

**150 METRES**

U/7B	N Rumney	04/05	29.6
U/7A	N Fader	04/05	32.5

**200 METRES**

U/7B	N Rumney	04/05	43.8
U/7A	R De Paoli	97/98	39.9
U/8	G Rumney	04/05	33.5
U/9	O Jones	04/05	32.5
U/10	D Abbott	99/00	32.5
U/11	S Mansfield	98/99	29.0
U/12	S Mansfield	99/00	26.7
U/13	S Mansfield	00/01	25.1
U/14	L Edmunds	04/05	28.1
U/15	T Shepperd	04/05	26.2

**400 METRES**

U/8	G Rumney	04/05	1.17.6
U/9	A Isles	01/02	1.19.5
U/10	C McKay	03/04	1.13.1
U/11	S Mansfield	98/99	1.03.9
U/12	S Mansfield	99/00	57.9
U/13	S Mansfield	00/01	56.4
U/14	L Edmunds	04/05	1.04.4
U/15	T Shepperd	04/05	1.00.8

**800 METRES**

U/10	J Luck	03/04	2.52.3
U/11	S Mansfield	98/99	2.40.2
U/12	S Mansfield	99/00	2.26.3
U/13	S Mansfield	00/99	2.19.3
U/14	J Wilson	04/05	2.13.2

U/15 T Shepperd 04/05 2.14.4

### 1500 METRES

U/11 N Khoury 03/04 5.37.5  
U/12 N Khoury 04/05 5.23.4  
U/13 K Dutkowski 01/02 5.24.5

### 1500 METRES

U/11 T Shepperd 00/01 5.39.0  
U/12 S Mansfield 99/00 5.19.6  
U/13 J Wilson 03/04 5.05.0  
U/14 J Wilson 04/05 5.22.2  
U/15 T Shepperd 04/05 4.48.8

### HURDLES

U/7B A Cox 04/05 12.2  
U/7A G Mawbey 04/05 11.7  
U/8 S Cox 03/04 12.1  
U/9 S Cox 04/05 11.2  
  
U/10 G Cox 03/04 12.0  
U/11 G Cox 04/05 11.0  
U/12 F Pearce 01/02 11.5  
U/13 F Pearce 02/03 14.1  
U/14 B Patten 04/05 17.2

### HURDLES

U/7B N Rumney 04/05 12.7  
U/7A J Rintoul 02/03 11.8  
U/8 W Abbott 00/01 12.2  
U/9 T Shepperd, R Kay, J Luck 98/99, 01/02, 12.0  
02/03  
U/10 C McKay 03/04 11.7  
U/11 S Mansfield 98/99 10.5  
U/12 W Pridmore 04/05 10.2  
U/13 S Mansfield 00/01 14.5  
U/14 L Edmunds 04/05 15.4  
U/15 T Shepperd 04/05 15.3

### RACE WALKS

U/9 C Farquar 99/00 4.58.4  
U/10 I O'Connor 02/03 6.55.2  
U/11 J Burns 96/97 7.30.5  
U/12 N Khoury 04/05 10.39.0  
U/13 I Loh 01/02 10.22.3

### RACE WALKS

U/9 J Stanwix 00/01 4.31.1  
U/10 T Oddie 02/03 7.00.3  
U/11 T Shepperd 00/01 6.47.3  
U/12 T Shepperd 01/02 8.40.9  
U/13 T Shepperd 02/03 9.40.8  
U/14 J Wilson 04/05 11.17.5  
U/15 T Shepperd 04/05 9.32.7

### LONG JUMP

U/7B A Cox 04/05 2.61  
U/7A E Chesterman 03/04 2.95  
U/8 S Cox 03/04 3.53  
U/9 S Cox 04/05 3.78  
U/10 G Cox 03/04 3.69  
U/11 G Cox 04/05 4.02  
U/12 L Causon 97/98 4.12  
U/13 F Pearce 02/03 4.34

### LONG JUMP

U/7B N Rumney 04/05 2.53  
U/7A R De Paoli 97/98 3.23  
U/8 G Rumney 04/05 3.10  
U/9 W Abbott 01/02 3.55  
U/10 C McKay 03/04 3.83  
U/11 S Mansfield 98/99 4.03  
U/12 S Mansfield 99/00 4.79  
U/13 S Mansfield 00/01 4.94  
U/14 L Edmunds 04/05 5.11  
U/15 T Shepperd 04/05 5.06

### TRIPLE JUMP

U/7B A Cox 04/05 5.40  
U/7A S Cox 02/03 6.48  
U/8 S Cox 03/04 7.79  
U/9 S Cox 04/05 8.49  
U/10 M Lamprecht 02/03 7.92  
U/11 G Cox 04/05 8.84  
U/12 F Pearce 01/02 8.90  
U/13 F Pearce 02/03 9.32  
U/14 D Hanson 04/05 9.05

### TRIPLE JUMP

U/7B C Kilpatrick 03/04 4.96  
U/7A G Rumney 03/04 5.94  
U/8 J Rintoul 03/04 6.84  
U/9 O Jones 04/05 7.49  
U/10 C McKay 03/04 8.03  
U/11 C McKay 04/05 8.56  
U/12 A Blaine 98/99 8.99  
U/13 E Kay 03/04 9.64  
U/14 L Edmunds 04/05 9.74  
U/15 T Shepperd 04/05 11.14

### HIGH JUMP

U/8 S Cox 03/04 1.10  
U/9 S Cox 04/05 1.20  
U/10 G Cox 03/04 1.16  
U/11 F Pearce 00/01 1.28  
U/12 F Pearce 01/02 1.37  
U/13 F Pearce 02/03 1.40

### HIGH JUMP

U/8 L Beer 97/98 1.00  
U/9 T Balcombe 99/00 1.07  
U/10 R Middleton 03/04 1.15  
U/11 A Blaine 97/98 1.31  
U/12 S Mansfield 99/00 1.37  
U/13 E Kay 03/04 1.47

U/14 B Patten 04/05 1.30

U/14 L Edmunds 04/05 1.50

U/15 T Shepperd 04/05 1.45

**DISCUS**

U/7B O Browning 03/04 12.74  
U/7A O Browning 04/05 13.96  
U/8 N Khoury 00/01 15.15  
U/9 N Khoury 01/02 16.84  
U/10 N Khoury 02/03 20.80  
U/11 N Khoury 03/04 19.19  
U/12 N Khoury 04/05 22.93  
U/13 L Causon 98/99 31.44  
U/14 D Hanson 04/05 20.23

**DISCUS**

U/7B C Kilpatrick 03/04 10.30  
U/7A W Abbott 99/00 16.23  
U/8 G Rumney 04/05 16.04  
U/9 J Stanwix 00/01 22.31  
U/10 N Simpson 00/01 22.60  
U/11 C Alcorso 04/05 24.57  
U/12 J De Winter 03/04 24.79  
U/13 L Edmunds 03/04 28.47  
U/14 L Edmunds 04/05 39.20  
U/15 T Shepperd 04/05 32.39

**SHOT PUT**

U/7B A Cox 04/05 3.95  
U/7A N Khoury 99/00 5.04  
U/8 N Khoury 00/01 5.14  
U/9 N Khoury 01/02 6.55  
U/10 N Khoury 02/03 6.25  
U/11 N Khoury 03/04 8.01  
U/12 L Causon 97/98 9.37  
U/13 L Causon 98/99 11.12  
U/14 D Hanson 04/05 8.26

**SHOT PUT**

U/7B N Rumney 04/05 4.13  
U/7A G Rumney 03/04 5.29  
U/8 R De Paoli 98/99 6.28  
U/9 E Bourchier 97/98 6.75  
U/10 R Middleton 03/04 8.15  
U/11 J De Winter 02/03 9.41  
U/12 S Mansfield 99/00 10.05  
U/13 L Edmunds 03/04 11.49  
U/14 L Edmunds 04/05 11.25  
U/15 T Shepperd 04/05 9.80

**TURBO JAV**

U/8 N Khoury 00/01 11.48  
U/9 N Khoury 01/02 15.21

**TURBO JAV**

U/8 K Deane 98/99 17.66  
U/9 C Alcorso 02/03 22.65

**JAVELIN**

U/10 N Khoury 02/03 15.48  
U/11 M Lamprecht 03/04 19.83  
U/12 N Khoury 04/05 24.75  
U/13 T Ziegler 98/99 24.24  
U/14 D Hanson 04/05 26.90

**JAVELIN**

U/10 C Alcorso 03/04 24.60  
U/11 C Alcorso 04/05 29.63  
U/12 L Edmunds 02/03 34.16  
U/13 L Edmunds 03/04 31.85  
U/14 L Edmunds 04/05 27.45  
U/15 T Shepperd 04/05 30.03

**VORTEX**

U/7B O Butler 03/04 15.62  
U/7A N Salter 04/05 17.68

**VORTEX**

U/7B E Reid 03/04 13.98  
U/7A R De Paoli 97/98 25.82